

BOLAND HOSPICE



SINIKHATHALELE – WE CARE ABOUT YOU

Admission Criteria

POST ACUTE CARE

- ❖ Chronic disease management
 - Post-acute episode related to conditions such as DM, COPD, Asthma, Psychiatric disorders, HIV, mental illness who needs monitoring for a short period of time (nursing assistance, basic care needs, wound care, promotion of adherence required)
 - Preparation for life long treatment: Initiation of treatment in the at risk patient (includes monitoring of treatment: side effects & adherence) or monitoring of possible side effects to new medication (initiation of ARVs in a patient with a very low CD4 count). Equipping patients in the administration of their treatment; for example use of insulin.
- ❖ TB
 - ONLY extra pulmonary TB patients with no infectious risk – after consultation with relevant medical officer from respective TB hospitals (Brewelskloof or Sonstraal)

REHABILITATIVE

- Patients with fair to good prognosis following stroke, joint replacement and amputation – who has been assessed and prognosis determined by a multi-disciplinary team from the referring facility.

PALLIATIVE CARE

- Pain and symptom control
- Terminal Care: when there is an understanding that death is imminent and unavoidable and that efforts to prolong life are no longer indicated. Active care is required with the focus on symptom management and dignity.
- Patients on any TB treatment , including MDR, who later in their treatment period, with no TB related problems, require terminal care – after consultation with the relevant medical officer from respective TB hospital (Brewelskloof and Sonstraal) – to ensure that the patient is non-infectious. This could include care for end-stage COPD or post TB bronchiectasis.

RESPIRE

- Temporary institutional care of a sick or disabled person – providing relief for their usual carer

CHILDREN

- Children between the age of 0-5 years
- To improve the nutritional status of children
- Provide nutrition education to mothers or caregivers of nutritional compromised children

Additionally the following should be noted for admission to the ICF

Admission requirements

- Patients must be medically and mentally stable – as determined by the referring facility, taking into consideration that the patient will be cared for by a carer or an enrolled nursing assistant
- Referral site to provide an appropriately comprehensive and detailed Treatment plan
- Patient consent prior to admission (minors: parental consent)
- Admissions are dependent on bed availability, urgency and authorization of the Intermediate Care Facility Manager
- Patients must arrive between 08h00 – 15h00 on day of admission

Exclusions

- Patients on ventilators
- Clients who are pregnant (Nursing Regulation 2598 – must be a doctor to manage pregnant women)
- Patients with infectious TB
- Acute psychotic/aggressive patients or “wanderers”
- Patients on continuous IV therapy
- Patients still requiring special laboratory investigations
- Patients with an expected ALOS for more than 42 days.
- Patients requiring skin traction

All of the above negotiable – contact Patient Care Manager or Sr on ward.